

Star 3-4

Monday - 5:00 - 6:30 (Begins Jan 4, 2021)

5:00 - 5:30 - Edges & Turns

5:30 - 6:00 - Skills

6:00 - 6:45 - Freeskate

Wednesday - 7:30 - 8:45 (Begins Jan 6, 2021)

7:30 - 7:45 - Cardio

7:45 - 8:30 - Freeskate

8:30 - 8:45 - Spins

Friday - 6:15 - 7:15 (Begins Jan 8, 2021)

6:15 - 6:30 - Edges/Turns

6:30 - 7:15 - Freeskate

Saturday - 4:15 - 5:45 (Begins Jan 9, 2021)

4:15 - 4:30 - Cardio

4:30 - 5:00 - Dance

5:00 - 5:45 - Freeskate